



**SeniorCare
Experts**
Helping Seniors Live Independently

May 2021

SeniorCare Experts

145 Thierman Lane, 40207

CALL (502) 896-2316 FAX (502) 896-2399



**Masterson's
CATERING**
Great Taste Runs in the Family.

PLEASE call/fax or email your menus ASAP. 48-hr notice required for all changes, add-ons or cancellations.

YOUR NAME _____ (Required HERE)

Circle EACH ENTIRE meal you want.

We can NOT substitute for individual items within a block.

If you want more than one meal, place a number in the block to tell us how many of that option you want for that day.

DRINK OPTIONS – one choice allowed per Option line below

JUICE: Apple Cranberry Orange

MILK: Skim, 1% OR 2%

PROTEIN DRINK: Chocolate Vanilla Strawberry
Regular OR Sugar Free

	MONDAY 5/3/21	TUESDAY 5/4/21	WED. 5/5/21 "Cinco de Mayo"	THURS. 5/6/21	FRIDAY 5/7/21
OPTION 1 Drink: _____	Kentucky Hot Brown Tossed Garden Salad w/Ranch Peach Cobbler	Chicken Alfredo w/Pasta Broccoli Florets Garlic Bread Cake	Beef Taco Bowl Black Beans & Rice Shredded Lettuce & Cheese, Roasted Corn w/Tortillas Fresh Fruit Parfait	Spaghetti w/Meat Sauce Italian Green Beans Garlic Bread Brownie	Fried Cod w/ Tartar Sauce Packet Mac & Cheese Slaw Wheat Bread Apple Pie
OPTION 2 Drink: _____	Hearty Beef Stew w/White Potatoes, Peas & Carrots Biscuit Peach Cobbler	Salisbury Steak Baked Potato Capri Vegetables Dinner Roll Cake	Chicken Florentine Roasted Cauliflower Sweet Potatoes Dinner Roll Fresh Fruit Parfait	Vegetable Soup Chicken Salad Lettuce, Tomato & Mayo w/Croissant Brownie	Pork Marsala Over Egg Noodles Seasoned Peas & Carrots Apple Pie
BREAKFAST Cheerios, Raisin Bran or Frosted Flakes Drink: _____	Scrambled Eggs Sausage OR Bacon Pancakes Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Danish Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Waffle Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Muffin Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Biscuits & Sausage Gravy Cereal of Choice*

DO YOU WANT FROZEN MEALS DELIVERED TO HOLD YOU OVER FOR THE WEEKEND?

IF SO, ENTER # OF MEALS DESIRED _____ FOR WEEKEND. (These will be "chef's choice" and they will be delivered ON FRIDAY)

Please note: Kitchen has the right to make changes to the daily menus when necessary, but every effort is made to maintain original choices and your specific needs.



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	MONDAY 5/10/21	TUESDAY 5/11/21	WED. 5/12/21	THURS. 5/13/21	FRIDAY 5/14/21
OPTION 1 Drink: _____	Grilled Chicken Supreme Rice Pilaf Capri Blend Vegetables Roll Jello Parfait	Slow Roast Pork Mashed Potatoes Asparagus Roll Cake	Ground Round Steak w/Mushroom Gravy Baked Potato Green Beans Dinner Roll Fresh Fruit Cup	Large Cobb Salad with Turkey, Ham, Cheese, Tomatoes, Onion, Croutons Ranch Dressing Fresh Fruit Cup Fresh Baked Cookie	Baked Tilapia w/Orange Sauce Mediterranean Orzo Roasted Broccoli Roll Apple Pie
OPTION 2 Drink: _____	Beef Chili Tossed Salad Ranch Dressing Cornbread Jello Parfait	Creamy Potato Soup Turkey & Swiss Lettuce, Tomato & Mayo w/Wheat Bread Broccoli Salad Cake	Ham Salad Lettuce & Tomato Sun Chips Cole Slaw Wheat Bread Fresh Fruit Cup	Vegetable Quiche Home Fries Fresh Fruit Cup Fresh Baked Cookie	Club Sandwich (Turkey, Ham & Swiss) Lettuce, Tomato & Mayo w/Wheat Bread Potato Salad Apple Pie
BREAKFAST Cheerios, Raisin Bran or Frosted Flakes Drink: _____	Scrambled Eggs Sausage OR Bacon Pancakes Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Danish Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Waffle Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Muffin Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Biscuits & Sausage Gravy Cereal of Choice*

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	MONDAY 5/17/21	TUESDAY 5/18/21	WED. 5/19/21	THURS. 5/20/21	FRIDAY 5/21/21
OPTION 1 Drink: _____	Sweet & Sour Pork w/Peppers, Onions and Pineapple White Rice Vegetable Egg Roll Brownie	Chicken & Noodle Casserole w/ Seasoned Peas & Carrots Cornbread Muffin Fresh Fruit Parfait	Eggplant Parmesan Pasta w/Red Sauce Tossed Garden Salad Ranch Dressing Garlic Bread Jello Parfait	Meatballs Stroganoff Over Egg Noodles Broccoli Florets Applesauce Cake	BBQ Atlantic Salmon Wild Rice Pilaf French Green Beans Dinner Roll Peach Cobbler
OPTION 2 Drink: _____	Pulled BBQ Chicken w/Wheat Bun Baked Beans Creamy Potato Salad Brownie	French Onion Soup w/ Parmesan, Roast Beef w/Lettuce, Tomato & Mayo & Bun Fresh Fruit Parfait	Creamy Tuna Salad w/Bun Lettuce, Tomato & Mayo Broccoli Salad Pasta Salad Jello Parfait	Corned Beef German Potato Salad Brussel Sprouts Applesauce Cake	Crispy Chicken Filet Roasted Potatoes Creamy Slaw Dinner Roll Peach Cobbler
BREAKFAST Cheerios, Raisin Bran or Frosted Flakes Drink: _____	Scrambled Eggs Sausage OR Bacon Pancakes Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Danish Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Waffle Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Muffin Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Biscuits & Sausage Gravy Cereal of Choice*

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	MONDAY 5/24/21	TUESDAY 5/25/21	WED. 5/26/21	THURS. 5/27/21	FRIDAY 5/28/21
OPTION 1 Drink: _____	Meatloaf Mashed Red Potatoes Country Green Beans Dinner Roll Chocolate Pudding Dump Cake	Chicken Tenders Oven Roasted Potatoes Garden Salad w/Ranch Dinner Roll Jello Parfait	Roast Beef w/Mushroom Gravy Au Gratin Potatoes Baby Lima Beans Dinner Roll Cherry Cobbler	Chicken Cordon Bleu Creamy Mustard Sauce Mash Red Skin Potatoes Sauteed Fresh Spinach Fresh Fruit Cup	Chicken Stir Fry w/ Rice Steamed Broccoli Vegetable Egg Roll Fresh Baked Cookie
OPTION 2 Drink: _____	Vegetable Soup Chicken Salad Lettuce, Tomato & Mayo w/bun Chocolate Pudding Dump Cake	Beef Burger w/Cheddar Cheese, Lettuce, Tomato & Mayo Creamy Potato Salad Wheat Bun Jello Parfait	Tuna Noodle Casserole Sauteed Fresh Spinach Carrots Cherry Cobbler	Bourbon Glazed Pork Sweet Potatoes Cole Slaw Fresh Fruit Cup	Salmon Patty Mac & Cheese Sweet Slaw Cornbread Muffin Fresh Baked Cookie
BREAKFAST Cheerios, Raisin Bran or Frosted Flakes Drink: _____	Scrambled Eggs Sausage OR Bacon Pancakes Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Danish Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Waffle Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Muffin Cereal of Choice*	Scrambled Eggs Sausage OR Bacon Biscuits & Sausage Gravy Cereal of Choice*

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